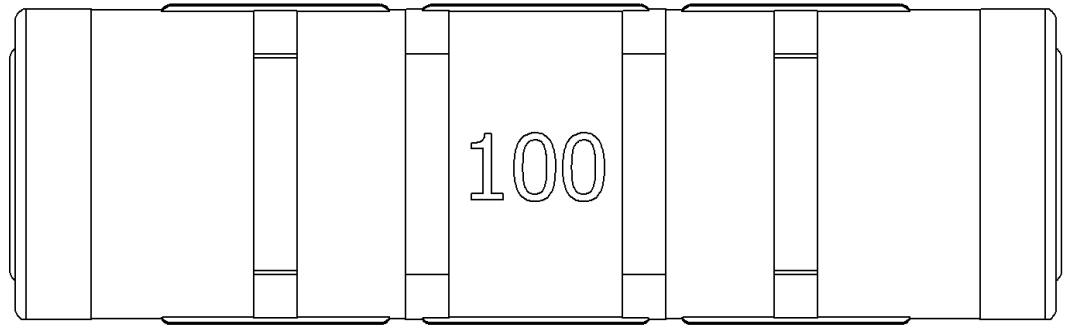




# ROGGEERS

## PRODUCT INFORMATION PACKET

PRODUCT NAME: HEAVY CORE BAG



KEEP INFORMATION PACKET FOR FUTURE REFERENCE

# TABLE OF CONTENTS

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- Introduction.....1
- General Safety Rules.....2
- Technical Specifications... ..3
- Maintenance..... 4
- Customer Service Information..... 5

## INTRODUCTION

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Rogers Athletics Heavy Core Bags have been designed and manufactured with safety, performance and dependability as top priorities, making them easy to use and maintain.

The care you give your Heavy Core Bags will greatly determine your satisfaction with their performance and service life. Careful study of this manual is encouraged to obtain a thorough understanding of your new Heavy Core Bags and their functions and maintenance.

If your manual becomes lost or destroyed, Rogers Athletic will gladly provide you with a new copy. Should you require additional information or assistance, please feel free to contact us at 1-800-457-5337.

BECAUSE ROGERS ATHLETIC MAINTAINS AN ONGOING PROGRAM OF  
PRODUCT DEVELOPMENT AND IMPROVEMENT, WE RESERVE THE RIGHT  
TO MAKE IMPROVEMENTS IN DESIGN OR CHANGES IN SPECIFICATIONS  
WITHOUT INCURRING ANY OBLIGATIONS TO INSTALL THEM ON UNITS  
PREVIOUSLY SOLD.

# GENERAL SAFETY RULES

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## **WARNING!**

### **READ AND UNDERSTAND ALL INSTRUCTIONS.**

Failure to follow all instructions listed below may result in serious personal Injury.

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## **SAVE THESE INSTRUCTIONS**

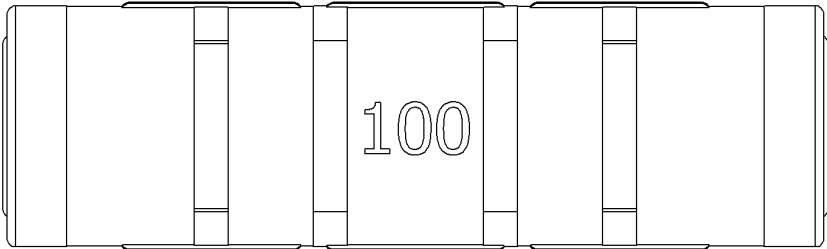
- **Supervision of athletes while using the equipment is recommended.** Horse play such as climbing on the machine or using the machine for unintended purpose can result in injuries.
- **Athletes should be oriented in the proper use of the equipment.**
- **Athletes should be properly fit to engage in a workout regimen.** Obtaining a medical exam prior to beginning any training program is recommended. If an athlete feels faint, dizzy, or experiences pain at any time while exercising, they should stop exercising and consult a physician.
- **Inspect equipment prior to use.** DO NOT use if it appears damaged or inoperable.
- **This Product Information Packet is an integral part of this machine.** Save these instructions. If they are lost or damaged or if you would like another copy, a copy can be downloaded from [www.RogersAthletic.com](http://www.RogersAthletic.com)
- **Reading the Product Information Packet is recommended.** Failure to read this Packet is considered a misuse of this equipment.
- **Warning labels are an integral part of this equipment.** Become familiar with all caution/warning labels and never cover or deface caution/warning labels.
- **Deploy the equipment allowing sufficient room for safe access to the machine, adequate room for the coaches to stand and to ensure that the machine or players do not collide with a wall, another machine, or other players through the entire training exercise.**
- **Unit is designed for training multiple offensive and defensive drills with proper technique.** Do not use Heavy Core Bags for anything other than its approved purpose.
- **Equipment is designed for use by one person per Heavy Core Bag at a time.** Keeping other athletes and spectators away from the Heavy Core Bags during use is recommended.
- **When not in use, store this equipment in a secure controlled area.** Unsupervised and/or inappropriate use of this equipment could result in serious injury.
- **Do not throw Heavy Core Bags at athletes, or have athletes attempt to catch Heavy Core Bags**
- **Heavy Core Bags are not Intended for tackling with Pads**

# ROGERS HEAVY CORE BAG SPECIFICATIONS

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## HEAVY CORE BAGS

Wt: 50, 75, 100 lbs  
Ht: 14"  
Width: 48"



- Cover made of durable 18 oz vinyl. - - Molded foam core
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

## MAINTENANCE

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### **WARNING!**

### **READ AND UNDERSTAND ALL MAINTENANCE PROCEDURES.**

Failure to follow all procedures listed below may cause serious injury and a Decrease in the equipments functional existence.

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- **Field equipment should be washed periodically with soapy water to maintain original surface finish.**
- **Replace any damaged equipment with genuine Rogers Athletic parts.** Failure to do so may result in unsafe equipment and/or personal injury.
- **Storing Heavy Core Bags in a safe dry building when not in use will reduce wear and tear on equipment.**

## CUSTOMER SERVICE

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For parts or service contact Rogers Athletic Company. When ordering parts be sure to provide all relevant information available including the name and part number of the equipment purchased. This information is located on the cover of this product information package. Customer service hours are Monday through Friday from 8:00 a.m. to 5:00 p.m. Eastern Standard Time. Customers can phone (989) 386-2950 or toll free at 1-800-457-5337. Fax toll free at (888) 549-9659 or mail to:

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3760 W. Ludington Drive  
Farwell, MI 48622

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