



WEIGHT ROOM ADVANTAGE

PIT SHARK® **PATENTED**

SQUATS
PULLING MOVEMENTS
CALF RAISES
And More

PIT SHARK® BELT SQUAT - SHORT FRAME

PROVEN RESULTS WITH REAL SQUAT MOVEMENTS WHILE DE-LOADING THE SPINE. MAXIMIZES FULL RANGE OF MOTION WITH NO RESTRICTION OF MOVEMENT. PROMOTES SQUAT DEPTH AND BUILDS THAT ALL IMPORTANT FLEXIBILITY REQUIRED OF AN ATHLETE. A VALUABLE TOOL FOR TRAINING HEALTHY OR INJURED ATHLETES WHERE REMOVING SPINAL COMPRESSION IS VITAL. SQUATS ARE ONLY ONE OF THE MANY FAVORITE DYNAMIC STRENGTH MOVEMENTS TRAINED ON THE PITSHARK®.

ITEM NUMBER

PS-SF

WEIGHT 420 LBS

MEASUREMENTS

60in (h) x 62 in (w) x 66 in (l)
Small Footprint

INCLUDES

RAW METAL CLEAR COAT SQUAT HANDLES

WEIGHT PLATE STORAGE
KEEPS WEIGHT PLATES
WHERE YOU NEED THEM MOST

POWER DECK
44 in. WIDE DECK FOR CLOSE TO
WIDE STANCE

BELT with SPEEDHOOK
HEAVY DUTY BELT WITH CHAIN
AND SPEEDHOOK FOR FAST EASY
HOOK-UP

FIN
FOUR SQUARE HOLE ADJUSTMENTS
GIVE VARIETY TO ANY MOVEMENT

BAND PEG SYSTEM
ADJUSTABLE BAND PEGS USED
WITH 12 in. SHORT BANDS OR LONG
RESISTANCE BANDS

STANDARD FINISHES:
WHITE / BLACK / CLEAR COAT RAW METAL

**3 GREAT OPTIONAL ACCESSORIES WHICH
CAN BE ADDED TO THIS PACKAGE:**

DIP HANDLES
FRONT SQUAT STRAP
PUSH-UP HARNESS



PIT SHARK® BELT SQUAT SHORT FRAME